

# **Trempealeau County Community Television**



## **Schedule for Week of**

**December 17th - December 23rd, 2018**

*The content of this schedule may change at times in order to accommodate time sensitive issues that affect our viewers.*

*We thank you for your understanding in this matter.*

### **MONDAY. Dec. 17th**

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. The County Beat.
- 7:30 a.m. Jessercise
- 8:00 a.m. A Culinary Journey.
- 8:30 a.m. Eat Well, Be Happy
- 9:00 a.m. Swing Into Shape. Level 1
- 9:30 a.m. Painting Journeys.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 a.m. Musicians in Our Midst.
- 11:30 a.m. Midwest Country Theater Showcase.
- 12:30 p.m. Baby Blue Arts.
- 1:00 p.m. Sunday Worship.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Sunday Worship.
- 3:30 p.m. Rock Scissor Paper.
- 4:30 p.m. Once Upon a Time.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Cooking and Kids
- 6:00 p.m. Old Time Music Show.
- 6:30 p.m. Whitehall Christmas Parade.
- 7:00 p.m. Trempealeau County Board Meeting.

### **TUESDAY Dec. 18th**

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. Jessercise.
- 7:30 a.m. Yoga for Health and Joy.
- 8:00 a.m. Sunday Worship.
- 9:00 a.m. Swing into Shape. Level 1
- 9:30 a.m. Farmer's Corner.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 p.m. Maggie Mae's Country Christmas.
- 1:30 p.m. Whitehall Christmas Parade.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Yoga for Health and Joy.
- 3:00 p.m. Independence City Council Meeting.
- 4:30 p.m. Once Upon a Time.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Drawing with Mark.
- 6:00 p.m. Old Time Music Show

6:30 p.m. Musicians in our Midst.  
7:00 p.m. Osseo Winter Parade.  
7:30 p.m. Backyard Wellness.  
8:00 p.m. Environment & Land Use Meeting.  
9:00 p.m. Classic Cinema Theater "Scrooge"

**WEDNESDAY Dec. 19th**

6:30 a.m. Jazz Cardio Strength Stretch.  
7:00 a.m. The County Beat.  
7:30 a.m. Jessercise.  
8:00 a.m. Sunday Worship. Our Saviour's Lutheran.  
9:00 a.m. Swing Into Shape. Level 1  
9:30 a.m. Backyard Wellness.  
10:00 a.m. Speaking of Horses.  
10:30 a.m. Swing Into Shape. Level 2  
11:00 a.m. The Garage.  
11:30 a.m. Whitehall Christmas Craft Show.  
12:30 p.m. Valley Bible. Genesis 40  
1:30 p.m. Future Talk.  
2:00 p.m. Swing Into Shape. Level 3  
2:30 p.m. Yoga for Health and Joy.  
3:00 p.m. Trempealeau Village Board Meeting.  
5:00 p.m. The Children's Corner.  
5:30 p.m. The County Beat.  
6:00 p.m. Old Time Music Show.  
6:30 p.m. Together We Can.  
7:00 p.m. Reaching Out.  
8:00 p.m. TCCTV Game of the Week.

**THURSDAY Dec. 20th**

6:30 a.m. Jazz Cardio Strength Stretch.  
7:00 a.m. Jessercise.  
7:30 a.m. Yoga for Health and Joy.  
8:00 a.m. Sunday Worship.  
9:00 a.m. Swing Into Shape. Level 1  
9:30 a.m. Farmer's Corner.  
10:30 a.m. Swing Into Shape. Level 2  
11:00 a.m. Independence City Council Meeting  
12:30 p.m. Reaching Out.  
1:30 p.m. Baby Blue Arts.  
2:00 p.m. Swing Into Shape. Level 3  
2:30 p.m. Yoga for Health and Joy.  
3:00 p.m. Classic Cinema Theater.  
5:00 p.m. The Children's Corner.  
5:30 p.m. Nautilus..  
6:00 p.m. Old Time Music Show.  
6:30 p.m. Musicians in Our Midst.  
7:00 p.m. Osseo Winter Parade.  
7:30 p.m. Whitehall Christmas Parade.

8:00 p.m. Tri-County Love Lights  
8:30 p.m. David Church Christmas Concert.

**FRIDAY Dec. 21st**

6:30 a.m. Jazz Cardio Strength Stretch.  
7:00 a.m. The County Beat.  
7:30 a.m. Jessercise.  
8:00 a.m. A Culinary Journey.  
8:30 a.m. Eat Well, Be Happy.  
9:00 a.m. Swing Into Shape. Level 1  
9:30 a.m. Reaching Out.  
10:30 a.m. Swing Into Shape. Level 2  
11:00 a.m. Environment & Land Use Committee Meeting.  
12:00 p.m. Midwest Country Theater Showcase.  
1:00 p.m. Baby Blue Arts.  
1:30 p.m. Musicians in Our Midst.  
2:00 p.m. Swing Into Shape. Level 3  
2:30 p.m. Yoga for Health and Joy.  
3:00 p.m. The Ben Stillwater Christmas Special.  
5:00 p.m. The Children's Corner.  
5:30 p.m. Cooking and Kids.  
6:00 p.m. Old Time Music Show.  
6:30 p.m. Tri County Love Lights.  
7:00 p.m. Valley Bible. Genesis 40  
8:00 p.m. Whitehall Christmas Craft Show  
9:00 p.m. Classic Cinema Theater.

**SATURDAY Dec. 22nd**

6:30 a.m. Jazz Cardio Strength Stretch.  
7:00 a.m. Jessercise  
7:30 a.m. Yoga for Health and Joy.  
8:00 a.m. Valley Bible. Genesis 40  
9:00 a.m. Together We Can.  
9:30 a.m. The County Beat  
10:00 a.m. Once Upon a Time.  
10:30 a.m. Drawing with Mark.  
11:00 a.m. The Children's Corner.  
11:30 a.m. The Ben Stillwater Christmas Special.  
1:30 p.m. Classic Cinema Theater.  
3:30 p.m. The Garage.  
4:00 p.m. Rock Scissor Paper  
5:00 p.m. Sunday Worship.  
6:00 p.m. Sunday Worship.  
7:00 p.m. Midwest Country Music Theater Showcase.  
8:00 p.m. TCCTV Game of the Week.

**SUNDAY Dec. 23rd**

6:30 a.m. Jazz Cardio Strength Stretch  
7:00 a.m. Jessercise

7:30 a.m. Yoga for Health and Joy.  
8:00 a.m. Sunday Worship.  
9:00 a.m. Sunday Worship.  
10:00 a.m. TCCTV Game of the Week.  
12:30 p.m. Future Talk.  
1:00 p.m. Midwest Country Music Theater Showcase.  
2:00 p.m. Old Time Music Show.  
2:30 p.m. Whitehall Christmas Craft Show  
3:30 p.m. Tri County Love Lights  
4:00 p.m. Farmer's Corner.  
5:00 p.m. Backyard Wellness.  
5:30 p.m. Rock Scissor Paper.  
6:30 p.m. The County Beat.  
7:00 p.m. Discover Trempealeau County.  
8:00 p.m. The Ben Stillwater Christmas Special.