

Trempealeau County Community Television



Schedule for Week of August 20th - August 26th, 2018

*The content of this schedule may change at times in order to accommodate time sensitive issues that affect our viewers.
We thank you for your understanding in this matter.*

MONDAY Aug. 20th

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. The County Beat.
- 7:30 a.m. Jessercise
- 8:00 a.m. A Culinary Journey.
- 8:30 a.m. Eat Well, Be Happy
- 9:00 a.m. Swing Into Shape. Level 1
- 9:30 a.m. Painting Journeys.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 a.m. Musicians in Our Midst.
- 11:30 a.m. Midwest Country Theater Showcase.
- 12:30 p.m. Baby Blue Arts.
- 1:00 p.m. Sunday Worship.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Sunday Worship. Bethel Lutheran, Galesville
- 3:30 p.m. Road to Recovery.
- 4:30 p.m. Once Upon a Time.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Cooking and Kids.
- 6:00 p.m. Old Time Music Show.
- 6:30 p.m. Trempealeau County Outdoors.
- 7:00 p.m. Trempealeau County Board – LIVE Meeting

TUESDAY Aug 21st

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. Jessercise.
- 7:30 a.m. Yoga for Health and Joy.
- 8:00 a.m. Sunday Worship.
- 9:00 a.m. Swing into Shape. Level 1
- 9:30 a.m. Farmer's Corner.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 p.m. Environment & Land Use Committee Meeting
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Yoga for Health and Joy.
- 3:00 p.m. All Conference Heads-Up Tackle Clinic.
- 4:00 p.m. Paint with Kevin.
- 4:30 p.m. Once Upon a Time.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Sidewalks Entertainment.
- 6:00 p.m. Old Time Music Show.

6:30 p.m. Musicians in Our Midst.
7:00 p.m. Together We Can.
7:30 p.m. Backyard Wellness.
8:00 p.m. Beneath Your Feet.
9:00 p.m. Trempealeau Village Board – August 2018

WEDNESDAY Aug. 22nd

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. Sunday Worship. Our Saviour's Lutheran
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Backyard Wellness.
10:00 a.m. Speaking of Horses.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. All Conference Heads-Up Tackle Clinic.
12:00 p.m. Future Talk.
12:30 p.m. Valley Bible: Genesis 32
1:30 p.m. Eat Well, Be Happy.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Studio Cuts - Ellie Nelson.
4:00 p.m. Baby Blue Arts.
4:30 p.m. Together We Can.
5:00 p.m. The Children's Corner.
5:30 p.m. The County Beat.
6:00 p.m. Old Time Music Show.
6:30 p.m. Reel Reviews.
7:00 p.m. Reaching Out.
8:00 p.m. All Conference Heads-Up Tackle Clinic.
9:00 p.m. Independence City Council Meeting- August 2018

THURSDAY Aug. 23rd

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise.
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship. Bethel Lutheran, Galesville
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Farmer's Corner.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Studio Cuts - Ellie Nelson
12:00 p.m. Reel Reviews.
12:30 p.m. Reaching Out.
1:30 p.m. Future Talk.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Road to Recovery.
4:00 p.m. All Conference Heads-Up Tackle Clinic.
5:00 p.m. The Children's Corner.

5:30 p.m. Cooking and Kids.
6:00 p.m. Old Time Music Show.
6:30 p.m. Musicians in Our Midst.
7:00 p.m. Beneath Your Feet.
8:00 p.m. Trempealeau County Board Meeting – August 2018

FRIDAY Aug. 24th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. A Culinary Journey.
8:30 a.m. Eat Well, Be Happy.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Reaching Out.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. All Conference Heads-Up Tackle Clinic.
12:00 p.m. Midwest Country Theater Showcase.
1:00 p.m. Baby Blue Arts.
1:30 p.m. Musicians in Our Midst.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Future Talk.
4:00 p.m. Paint with Kevin.
4:30 p.m. nautilus.
5:00 p.m. The Children's Corner.
5:30 p.m. Once Upon a time.
6:00 p.m. Old Time Music Show.
6:30 p.m. Together We Can.
7:00 p.m. Valley Bible: Genesis 34
8:00 p.m. Studio Cuts - Ellie Nelson
9:00 p.m. Classic Cinema Theater.

SATURDAY Aug. 25th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Valley Bible: Genesis 34
9:00 a.m. Together We Can.
9:30 a.m. The County Beat
10:00 a.m. The Children's Corner.
10:30 a.m. Nautilus.
11:00 a.m. Once Upon a Time.
11:30 a.m. Kids and Cooking.
12:00 p.m. Road to Recovery.
1:00 p.m. Reel Reviews
1:30 p.m. Classic Cinema Theater.
3:30 p.m. Future Talk.
4:00 p.m. Rock Scissor Paper.
5:00 p.m. Sunday Worship.

6:00 p.m. Sunday Worship. Bethel Lutheran, Galesville
7:00 p.m. Midwest Country Music Theater Showcase.
8:00 p.m. All Conference Heads-Up Tackle Clinic.
9:00 p.m. Trempealeau Village Board – August 2018

SUNDAY Aug. 26th

6:30 a.m. Jazz Cardio Strength Stretch
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship.
9:00 a.m. Sunday Worship. Bethel Lutheran, Galesville
10:00 a.m. All Conference Heads-Up Tackle Clinic.
11:00 a.m. Together We Can.
11:30 a.m. Studio Cuts - Ellie Nelson
12:30 p.m. Baby Blue Arts.
1:00 p.m. Midwest Country Music Theater Showcase.
2:00 p.m. Old Time Music Show.
2:30 p.m. Something Fishy in Trempealeau County.
3:00 p.m. History Files: The Arnold House.
4:00 p.m. Farmer's Corner.
5:00 p.m. Backyard Wellness.
5:30 p.m. Rock, Scissors, Paper.
6:30 p.m. The County Beat.
7:00 p.m. Discover Trempealeau County.
8:00 p.m. Beneath Your Feet.
9:00 p.m. George Markum's Journey
9:30 p.m. The Three Burials of Marinuka.